



BlueCross BlueShield of Western New York

Behavioral health

BlueCross BlueShield of Western New York can help you with your condition. Services include:

- One-on-one help with depression, schizophrenia, bipolar disorder or substance use disorder.
- Treatment from a licensed mental health caregiver.
- Specialist referrals, if needed.
- Information about resources in your area.
- Phone calls to you and your doctors to track your progress.

More behavioral health resources

- [National Institute of Mental Health](#)
- [SAMHSA's National Health Information Center](#)
- [Mental Health America](#)
- [National Alliance on Mental Illness](#)

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