

**Date reviewed January - 2020**  
**Date adopted February – 2020**

**Table of Contents:**

ADULT HEALTH

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMENS HEALTH

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>ADULT HEALTH</b> <a href="#">Return to table of contents</a>			
<b>Alzheimer's Disease / Dementia</b>	Practice Guideline for the Treatment of Patients with Alzheimer's Disease and Other Dementias (Guideline Watch October 2014)	American Psychiatric Association (APA)	<a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf</a>
<b>Anxiety</b>	Anxiety Disorders (Last Revised July 2018)	National Institute of Mental Health (NIMH)	<a href="http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml">http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml</a>
<b>Asthma</b>	Guidelines for the Diagnosis and Management of Asthma (EPR-3) (August 2007)	National Heart, Lung and Blood Institute (NHLBI)	<a href="https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma">https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma</a>
	Asthma Clinical Practice Guidelines (2019)	Global Initiative for Asthma (GINA)	<a href="https://ginasthma.org/">https://ginasthma.org/</a>

Updated: 04/02/2020  
 Commercial/Exchange Quality Improvement Committee  
 Quality Improvement Committee (GBD)  
 CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Behavioral Health Screening, Assessment and Treatment</b>	The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)	American Psychiatric Association (APA)	<a href="https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02">https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02</a>
<b>Bipolar Disorder*</b>  * addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	<a href="https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/">https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/</a>
<b>Coronary Artery Disease (CAD)</b>	AHA / ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update)	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	<a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d</a>
	Treatment of Hypertension in Patients With Coronary Artery Disease (March 2015)	American Heart Association, American College of Cardiology, and American Society of Hypertension	<a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
			<a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d</a>
	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women- 2011 Update (February 2011)	American Heart Association (AHA)	<a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8</a>
	ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	<a href="http://www.onlinejacc.org/content/accj/74/10/e177.full.pdf?ga=2.181326051.571613739.1574282939-178208357.1556140440">http://www.onlinejacc.org/content/accj/74/10/e177.full.pdf?ga=2.181326051.571613739.1574282939-178208357.1556140440</a>
<b>Celiac Disease</b>	ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (April 2013)	American College of Gastroenterology	<a href="http://gi.org/wp-content/uploads/2013/05/ACG_Guideline_CeliacDisease_May_2013.pdf">http://gi.org/wp-content/uploads/2013/05/ACG_Guideline_CeliacDisease_May_2013.pdf</a>
<b>Chronic Kidney Disease (CKD)</b>	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications	National Kidney Foundation	<a href="https://www.kidney.org/professionals/guidelines/guidelines_commentaries">https://www.kidney.org/professionals/guidelines/guidelines_commentaries</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Chronic Kidney Disease: Detection and Evaluation (2017)	American Academy of Family Physicians (AAFP)	<a href="https://www.aafp.org/afp/2017/1215/p776.html">https://www.aafp.org/afp/2017/1215/p776.html</a>
	National Chronic Kidney Disease Fact Sheet (2017)	Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf">https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf</a>
	KDIGO (Kidney Disease Improving Global Outcomes) 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (January 2013)	International Society of Nephrology	<a href="http://www.kdigo.org/clinical_practice_guidelines/pdf/CKD/KDIGO_2012_CKD_GL.pdf">http://www.kdigo.org/clinical_practice_guidelines/pdf/CKD/KDIGO_2012_CKD_GL.pdf</a>
	KDIGO (Kidney Disease Improving Global Outcomes) 2017 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (July 2017)	International Society of Nephrology	<a href="https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf">https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf</a>
<b>Chronic Obstructive Pulmonary Disease (COPD)</b>	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2019)	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	<a href="http://goldcopd.org/gold-reports/">http://goldcopd.org/gold-reports/</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Depression</b>	Depression in Adults: Screening (January 2016)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-adults-screening1">https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-adults-screening1</a>
	CANMAT Clinicians Guidelines 2016 Depression Guidelines	Canadian Network for Mood and Anxiety Treatments (CANMAT)	<a href="https://www.canmat.org/resources/">https://www.canmat.org/resources/</a>
	Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients With Major Depressive Disorder: A Clinical Practice Guideline From the American College of Physicians (2016)	American College of Physicians (ACP)	<a href="https://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical?_ga=2.240375883.977749235.1576523219-1562492790.1557437793">https://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical?_ga=2.240375883.977749235.1576523219-1562492790.1557437793</a>
	Depression in adults: recognition and management Clinical Guideline CG90 (Updated April 2018).	National Collaborating Centre for Mental Health <i>commissioned by the</i> National Institute for Health & Clinical Excellence	<a href="https://www.nice.org.uk/guidance/cg90/resources/depression-in-adults-recognition-and-management-pdf-975742638037">https://www.nice.org.uk/guidance/cg90/resources/depression-in-adults-recognition-and-management-pdf-975742638037</a>
<b>Diabetes</b>	Standards of Medical Care in Diabetes (January 2019)	American Diabetes Association (ADA)	<a href="http://care.diabetesjournals.org/content/42/Supplement_1">http://care.diabetesjournals.org/content/42/Supplement_1</a>
<b>Gender-Dysphoria/Incongruence</b>	Endocrine Treatment of Gender-Dysphoric/Gender-	The Endocrine Society	<a href="https://academic.oup.com/jcem/article/102/11/3869/4157558">https://academic.oup.com/jcem/article/102/11/3869/4157558</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	<p>Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017)</p> <p>Correction to Clinical Practice Guideline (February 2018)</p> <p>Correction to Clinical Practice Guideline (July 2018)</p>		<p><a href="https://academic.oup.com/jcem/article/103/2/699/4675081">https://academic.oup.com/jcem/article/103/2/699/4675081</a></p> <p><a href="https://academic.oup.com/jcem/article/103/7/2758/5036711">https://academic.oup.com/jcem/article/103/7/2758/5036711</a></p>
<b>Fall Risk</b>	Falls Prevention in Community-Dwelling Older Adults: Interventions	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1">https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1</a>
	Evidence –Based Falls Prevention Programs: Resources for Professionals and Advocates	National Council on Aging	<a href="https://www.ncoa.org/center-for-healthy-aging/falls-resource-center/falls-prevention-tools-and-resources/resources-for-professionals/">https://www.ncoa.org/center-for-healthy-aging/falls-resource-center/falls-prevention-tools-and-resources/resources-for-professionals/</a>
<b>Heart Failure (HF)</b>	2013 ACCF/AHA guideline for the management of heart failure: a report of the American College of	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA)	<a href="http://www.onlinejacc.org/content/62/16/e147?ijkey=079f90818917662ed8e6c54bd132bb10bede26a1&amp;keytype2=tf_ipsecsha">http://www.onlinejacc.org/content/62/16/e147?ijkey=079f90818917662ed8e6c54bd132bb10bede26a1&amp;keytype2=tf_ipsecsha</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Cardiology Foundation/American Heart Association Task Force on Practice Guidelines (October 2013)  ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)		<a href="http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706">http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706</a>
<b>Hyperlipidemia</b>	2018 AHA/ACC/AACVPR/A APA/ABC/ACPM/ADA/ AGS/APhA/ASPC,NLA /PCNA Guideline on the Management of Blood Cholesterol (October 2018)	American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/AD A/AGS/APhA/ASPC/NLA/PCNA)	<a href="https://www.acc.org/~media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf">https://www.acc.org/~media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Hypertension</b>	ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017)  Correction to Guideline (May 2018)	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA)	<a href="http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&amp;sso_redirect_count=1&amp;access_token=">http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&amp;sso_redirect_count=1&amp;access_token=</a>  <a href="http://www.onlinejacc.org/content/71/19/2275">http://www.onlinejacc.org/content/71/19/2275</a>
<b>Low back Pain</b>	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians (2017)	American College of Physicians (ACP)	<a href="https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793">https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793</a>
<b>Obesity</b>	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults (September 2018)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/obesity-in-adults-interventions1">https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/obesity-in-adults-interventions1</a>
	AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (November 2013)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	<a href="http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee">http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs



Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Oppositional Defiant Disorder (ODD)</b>	Common Questions About Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	<a href="https://www.aafp.org/afp/2016/0401/p586.pdf">https://www.aafp.org/afp/2016/0401/p586.pdf</a>
<b>Posttraumatic Stress Disorder</b>	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017)  VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (V3.2017)  PTSD Screening Instruments	American Psychiatric Association (APA)  Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group  Department of Veterans Affairs: PTSD: National Center for PTSD	<a href="https://www.apa.org/ptsd-guideline/ptsd.pdf">https://www.apa.org/ptsd-guideline/ptsd.pdf</a>  <a href="https://www.healthquality.va.gov/guidelines/MH/ptsd/">https://www.healthquality.va.gov/guidelines/MH/ptsd/</a>  <a href="https://www.ptsd.va.gov/professional/assessment/screens/ind_ex.asp">https://www.ptsd.va.gov/professional/assessment/screens/ind_ex.asp</a>
<b>Rheumatoid Arthritis</b>	American College of Rheumatology: Referral Guidelines (August 2015)  2015 American College of Rheumatology	American College of Rheumatology (ACR)	<a href="https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf">https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf</a>  <a href="https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf">https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Guideline for the Treatment of Rheumatoid Arthritis (October 2015)		
<b>Schizophrenia</b>	Treatment Guidelines: Schizophrenia	Page maintained by the College of Psychiatric & Neurologic Pharmacists (CPNP). Sources include, but not limited to: <ul style="list-style-type: none"> <li>• Agency for Health Research and Quality (AHRQ)</li> <li>• American Academy of Child &amp; Adolescent Psychiatry</li> <li>• American Psychiatric Association (APA)</li> <li>• Canadian Psychiatric Association</li> <li>• National Institute for Health and Clinical Excellence (NICE) Guidelines</li> </ul>	<a href="https://cpnp.org/guideline/external/schizophrenia">https://cpnp.org/guideline/external/schizophrenia</a>
<b>Sickle Cell Anemia</b>	Evidence-Based Management of Sickle Cell Disease: Expert Panel Report (September 2014)	National Heart, Lung, Blood Institute (NHLBI)	<a href="https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease">https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease</a>
<b>Suicide Risk</b>	SAFE-T: Suicide Assessment Five Step Evaluation and Triage  Assessment and Management of Patients at Risk for Suicide (2019)	Suicide Prevention Resource Center (SPRC)  Veterans Administration/Department of Defense (VA/DoD)	<a href="https://www.integration.samhsa.gov/images/res/SAFE_T.pdf">https://www.integration.samhsa.gov/images/res/SAFE_T.pdf</a>  <a href="https://www.healthquality.va.gov/guidelines/mh/srb/index.asp">https://www.healthquality.va.gov/guidelines/mh/srb/index.asp</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Surgery	Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)	Agency for Healthcare Research and Quality (AHRQ)	<a href="https://www.ajog.org/article/S0002-9378(18)30583-0/pdf">https://www.ajog.org/article/S0002-9378(18)30583-0/pdf</a>
	Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017)	AHRQ	<a href="https://www.ncbi.nlm.nih.gov/pubmed/28797562">https://www.ncbi.nlm.nih.gov/pubmed/28797562</a>
	Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)	AHRQ	<a href="https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451">https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Trauma Care	<p>A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (2014)</p> <p>Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series</p>	Substance Abuse and Mental Health Services Administration (SAMHSA)	<p><a href="https://store.samhsa.gov/system/files/sma14-4816_litreview.pdf">https://store.samhsa.gov/system/files/sma14-4816_litreview.pdf</a></p> <p><a href="https://store.samhsa.gov/series/tip-series-treatment-improvement-protocols-tips">https://store.samhsa.gov/series/tip-series-treatment-improvement-protocols-tips</a></p>
<p><b>INFECTIOUS DISEASE</b>      <a href="#">Return to Table of Contents</a></p>			
Chlamydia/ Human Papillomavirus (HPV)	Sexually Transmitted Diseases Treatment Guidelines (June 2015)	Center for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/std/tg2015/tg-2015-print.pdf">https://www.cdc.gov/std/tg2015/tg-2015-print.pdf</a>
Hepatitis B	<p>AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015)</p> <p>Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)</p>	American Association for the Study of Liver Diseases (AASLD)	<p><a href="http://www.aasld.org/sites/default/files/guideline_documents/hep28156.pdf">http://www.aasld.org/sites/default/files/guideline_documents/hep28156.pdf</a></p> <p><a href="https://www.aasld.org/sites/default/files/HBVGuidance_Terrault_et_al-2018-Hepatology.pdf">https://www.aasld.org/sites/default/files/HBVGuidance_Terrault_et_al-2018-Hepatology.pdf</a></p>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Hepatitis C</b>	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	<a href="http://www.hcvguidelines.org/">http://www.hcvguidelines.org/</a>
	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (April 2016)	World Health Organization (WHO)	<a href="http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1">http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1</a>
<b>HIV/AIDS</b>	Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America (November 2013)	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	<a href="https://www.idsociety.org/practice-guideline/primary-care-management-of-patients-infected-with-hiv/">https://www.idsociety.org/practice-guideline/primary-care-management-of-patients-infected-with-hiv/</a>
	Recommendations for HIV Prevention with Adults and Adolescents with HIV in the United States (December 2014)	Centers of Disease Control and Prevention (CDC)	<a href="https://stacks.cdc.gov/view/cdc/44064">https://stacks.cdc.gov/view/cdc/44064</a>
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic	Infectious Diseases Society of America	<a href="https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf">https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pain in Patients Living With HIV (September 2017)		
	HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV (2013)	World Health Organization (WHO)	<a href="http://apps.who.int/iris/bitstream/handle/10665/94334/9789241506168_eng.pdf?sequence=1">http://apps.who.int/iris/bitstream/handle/10665/94334/9789241506168_eng.pdf?sequence=1</a>
<b>PEDIATRIC/ADOLESCENT HEALTH (See ADULT HEALTH-Bipolar Disorder for resources for bipolar disorder in the pediatric and adolescent population)</b>			
<a href="#">Return to Table of Contents</a>			
<b>Attention Deficit Hyperactivity Disorder (ADHD)</b>	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	<a href="https://pediatrics.aappublications.org/content/144/4/e20192528">https://pediatrics.aappublications.org/content/144/4/e20192528</a>
<b>Autism</b>	Practice parameter: Screening and diagnosis of autism (Reaffirmed August 2014)	American Academy of Neurology (AAN) and the Child Neurology Society (CNS)	<a href="https://n.neurology.org/content/neurology/55/4/468.full.pdf">https://n.neurology.org/content/neurology/55/4/468.full.pdf</a>
	Identification Evaluation and Management of Children With Autism Spectrum Disorder (January 2020)	American Academy of Pediatrics (AAP)	<a href="https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf">https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Celiac Disease</b>	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	<a href="http://www.naspgan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf">http://www.naspgan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf</a>
<b>Depression</b>	Depression in Children and Adolescents: Screening (February 2016)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-children-and-adolescents-screening1">https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/depression-in-children-and-adolescents-screening1</a>
	Depression in children and young people: identification and management (updated September 2017)	National Institute for Health and Care Excellence (NICE)	<a href="https://www.nice.org.uk/guidance/cg28/resources/depression-in-children-and-young-people-identification-and-management-pdf-975332810437">https://www.nice.org.uk/guidance/cg28/resources/depression-in-children-and-young-people-identification-and-management-pdf-975332810437</a>
<b>Hypertension in Children and Adolescents</b>	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017)	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf">http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf</a>
<b>Obesity</b>	Expert Committee Recommendations Regarding the	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full.pdf">http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full.pdf</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report (December 2007)		
	Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity (July 2015)	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558">http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558</a>
<b>Oppositional Defiant Disorder (ODD)</b>	Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017)	National Institute of Health (NIH) PubMed	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/</a>
<b>SUBSTANCE USE</b> <a href="#">Return to Table of Contents</a>			
	Medication-Assisted Treatment of Adolescents With Opioid Use Disorders (September 2016)	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893">http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893</a>
	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions">https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs



Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	CDC Guideline for Prescribing Opioids for Chronic Pain — United States (March 2016)	Centers for Disease Control and Prevention (CDC)	<a href="http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm">http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm</a>
	Medication-Assisted Treatment (MAT) (Last Updated February 2018)	Substance Abuse Mental Health Services Administration (SAMHSA)	<a href="http://dpt.samhsa.gov/">http://dpt.samhsa.gov/</a>
	Relearn Life Without Cigarettes	National Alliance for Tobacco Cessation (NATC)	<a href="https://www.becomeanex.org/docs/fotonovela_english.pdf">https://www.becomeanex.org/docs/fotonovela_english.pdf</a>
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	<a href="https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf">https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf</a>
	ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018)	American College of Cardiology (ACC)	<a href="http://www.onlinejacc.org/content/accj/early/2018/11/29/jacc.2018.10.027.full.pdf?ga=2.215406675.571613739.1574282939-178208357.1556140440">http://www.onlinejacc.org/content/accj/early/2018/11/29/jacc.2018.10.027.full.pdf?ga=2.215406675.571613739.1574282939-178208357.1556140440</a>
<b>Electronic Cigarettes</b>	Electronic Cigarettes	Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm">https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm</a>
All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT NOW will connect the caller to their state quit line.			

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>WOMEN'S HEALTH</b>			
<a href="#">Return to table of contents</a>			
<b>Routine Antepartum Care</b>	American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017)	American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://shop.aap.org/guidelines-for-perinatal-care-8th-edition-ebook/">https://shop.aap.org/guidelines-for-perinatal-care-8th-edition-ebook/</a>  Members only
<b>Preventive Care</b>	Women's Preventive Services Guidelines. (Last Reviewed 2017)]	Health Resources and Services Administration (HRSA)	<a href="https://www.hrsa.gov/womens-guidelines-2016/index.html">https://www.hrsa.gov/womens-guidelines-2016/index.html</a>
<b>Cancer Screening</b>	Women's Health Care Physicians: Cervical Cancer FAQs (December 2015)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/Patients/FAQs/Cervical-Cancer">https://www.acog.org/Patients/FAQs/Cervical-Cancer</a>
	Cervical Cancer: Screening (August 2018)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/cervical-cancer-screening2">https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/cervical-cancer-screening2</a>
<b>Diabetes and Pregnancy</b>	Management of Diabetes in Pregnancy (January 2019)	American Diabetes Association (ADA)	<a href="http://care.diabetesjournals.org/content/42/Supplement_1/S165">http://care.diabetesjournals.org/content/42/Supplement_1/S165</a>
	Gestational Diabetes Mellitus, Screening (January 2014)	United States Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/gestational-diabetes-mellitus-screening?ds=1&amp;s=gestational+diabetes">https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/gestational-diabetes-mellitus-screening?ds=1&amp;s=gestational+diabetes</a>
	Gestational Diabetes	American Congress of Obstetrics and Gynecology (ACOG)	<a href="http://www.acog.org/Search?Keyword=gestational+diabetes">http://www.acog.org/Search?Keyword=gestational+diabetes</a>
	Postpartum Screening for Abnormal Glucose Tolerance in Women	American Congress of Obstetrics and Gynecology (ACOG)	<a href="http://www.acog.org/Search?Keyword=Postpartum+Screening+for+Abnormal+Glucose+Tolerance+in+Women+Who+Had+Gestational+Diabetes+Mellitus&amp;Topics=43d4646b-dc34-4c12-abe516387312f">http://www.acog.org/Search?Keyword=Postpartum+Screening+for+Abnormal+Glucose+Tolerance+in+Women+Who+Had+Gestational+Diabetes+Mellitus&amp;Topics=43d4646b-dc34-4c12-abe516387312f</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Who Had Gestational Diabetes Mellitus		Members only
<b>Obstetrical Care</b>	Guidelines for Antenatal Care	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/Search?Keyword=antenatal&amp;Topics=906bff1e-0656-4579-a7df-4a22f9bce483">https://www.acog.org/Search?Keyword=antenatal&amp;Topics=906bff1e-0656-4579-a7df-4a22f9bce483</a>
	WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia (2011)	World Health Organization (WHO)	<a href="http://whqlibdoc.who.int/publications/2011/9789241548335_eng.pdf">http://whqlibdoc.who.int/publications/2011/9789241548335_eng.pdf</a>
	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH)	<a href="https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection">https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection</a>
	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)]	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/Search?Keyword=pregestational+diabetes">https://www.acog.org/Search?Keyword=pregestational+diabetes</a>  Members only
	Management of Preterm Labor Number 171 (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="http://www.acog.org/Search?Keyword=management+of+preterm+labor">http://www.acog.org/Search?Keyword=management+of+preterm+labor</a>  Members only
	Hypertension in Pregnancy (November 2013)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/Clinical-Guidance-and-Publications/Task-Force-and-Work-Group-Reports/Hypertension-in-Pregnancy">https://www.acog.org/Clinical-Guidance-and-Publications/Task-Force-and-Work-Group-Reports/Hypertension-in-Pregnancy</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs

Date reviewed January - 2020

Date adopted February – 2020

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 Reaffirmed 2018)	American Congress of Obstetricians and Gynecologists (ACOG)	<a href="https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Alcohol-Abuse-and-Other-Substance-Use-Disorders-Ethical-Issues-in-Obstetric-and-Gynecologic-Practice">https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Alcohol-Abuse-and-Other-Substance-Use-Disorders-Ethical-Issues-in-Obstetric-and-Gynecologic-Practice</a>
	Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014)	World Health Organization (WHO)	<a href="http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1">http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1</a>
<b>Smoking Cessation during Pregnancy</b>	Smoking Cessation During Pregnancy ACOG. Number 721 (October 2017)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Smoking-Cessation-During-Pregnancy">https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Smoking-Cessation-During-Pregnancy</a>
	Need Help Putting Out That Cigarette?	American Congress of Obstetrics and Gynecology (ACOG)	<a href="http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf">http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf</a>
	Smoking Cessation for Pregnancy and Beyond: Learn Proven Strategies to Help Your Patients Quit.	Dartmouth Medical School	<a href="http://www.iml.dartmouth.edu/education/cme/Smoking/Linkpage/index.html">http://www.iml.dartmouth.edu/education/cme/Smoking/Linkpage/index.html</a>

Updated: 04/02/2020

Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (GBD)

CPGs are applicable to all LOBs