



Your Member Handbook has been changed to include more services

Applied Behavior Analysis (ABA) Services

Starting **January 1, 2023**, Highmark Blue Cross Blue Shield of Western New York (Highmark BCBSWNY) will cover Applied Behavior Analysis (ABA) therapy provided by a:

- Licensed behavioral analyst (LBA), or
- Certified behavioral analyst assistant (CBAA) under the supervision of an LBA.

Who can get ABA?

Children/youth under the age of 21 with a diagnosis of autism spectrum disorder and/or Rett Syndrome. If you think you are eligible to get ABA services, talk to your provider about this service. Highmark BCBSWNY will work with you and your provider to make sure you get the service you need.

The ABA services include:

- Assessment and treatment by a physician, licensed behavioral analyst, or certified behavior analyst assistant,
- Individual treatments delivered in the home or other setting,
- Group adaptive behavior treatment, and
- Training and support to family and caregivers.

To learn more about these services, call Member Services at **866-231-0847 (TTY 711)** Monday through Friday, 8:30 a.m. to 6 p.m. Eastern time.

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