

# Important Plan Information

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**Your member handbook has been changed to  
include more services**

## **Home Sleep Studies**

**Starting April 1, 2026, Highmark Blue Cross Blue Shield (Highmark BCBS) will cover medically necessary Home Sleep Studies.**

### **Who can get Home Sleep Studies?**

This benefit is offered to Highmark BCBS Medicaid members who are 18 years of age or older and are identified as a candidate by their medical provider based upon a review of their symptoms, physical exam findings or presence of illness. Home sleep studies are a voluntary alternative to lab-based sleep studies, but are not always a medically appropriate alternative. Talk to your provider to determine if this option is appropriate for you. Receiving this service will not affect your Medicaid eligibility or benefits.

If you think you are eligible to get a Home Sleep Study, talk to your provider about this service.

To learn more about the Home Sleep Studies benefit, call Member Services at **1-866-231-0847 (TTY 711)**.

**[www.bcbswny.com/stateplans](http://www.bcbswny.com/stateplans)**

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